

July 12, 2015

Bethany Christian Reformed Church  
1040 Balfour Street  
P.O. Box 61  
Fenwick, ON L0S 1C0



# Bethany Bugle

**Special points of interest:**

- Ministry updates
- Address change
- Other News
- CRC Announcements

**General Contact Information**

**Pastor**

Colin Vander Ploeg  
Call or txt-905-931-5841  
colin@bethanycrc.ca

**Office Phone/Administrator**

Denise Glasbergen  
905-892-8980  
info@bethanycrc.ca

**Clerk**

Pete Veldhuizen  
clerk@bethanycrc.ca

**Children's Ministry**

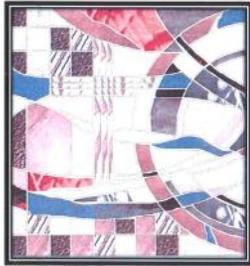
Lorraine Wierenga  
lorraine@bethanycrc.ca

**Worship & Life Group Ministry**

Nicole VanHuizen  
Nicole@bethanycrc.ca

**Custodians**

Clarence & Tracy VanSoelen  
cvansoelen@cogeco.ca



Written by a Bethany Member

## Struggles with Anxiety

Am I smart enough? Am pretty enough? Will people accept me? Am I a good husband and provider? Do I live up to my expectation to be a loyal husband, and devoted father? Am I a dedicated wife, and caring mother? Do I show my children enough kindness, and my husband enough attention?

If I go out will there be crowds? If I stay in, will I be overwhelmed by the amount of house work I could be, (I should be) doing? Do I devote enough of my spare time to God? Am I worrying about how much I worry?

Anxiety is sometime so consuming; that you literally become anxious, about the thought of all the things that make you anxious.

### AM I GOOD ENOUGH?

It is the constant internal dialogue (usually negative), that can be as simple as a brief hesitation to attempt something. Or so, crippling and debilitating that it changes the course of your daily life. Anything can cause a person to be anxious; however having an open dialogue with the Lord can ease the level of the anxiety. Allowing yourself to trust in the Lord will help to guide you; to the help you may need.

God knows your sufferings with your stress and anxiety, and can help direct you to the proper mental, physical, or spiritual assistance that you require.

So, try to remember Phillipian's 4:5-7. "...The Lord is near. Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. And the piece of God which transcends all understanding will guard your hearts and minds in Christ Jesus". Amen.

*If you are in need of support or want to talk to someone, contact Pastor Colin 905-931-5841 or Caregiver Joyce De Roo at 905-386-6719.*

## Ministry Funding Report

### Kingdom 'Building' – Ministry Funding / Budget Update

Doing ministry together: June 30, 2015

	PLAN	ACTUAL
Bethany Income	\$210,199.26	\$192,765.00
Bethany Expenses	\$210,199.26	\$209,639.39
Collected for Classis	\$ 7,228.26	\$ 7,228.26
Collected for CRC	\$ 29,538.24	\$ 30,150.36

2<sup>nd</sup> Offering last two weeks (June 28th & July 5th)

Summer Camp.....	\$2,286.00
Pelham Cares.....	\$200.00
Deacons.....	\$564.00
Elisha House.....	\$150.00



**shalem**

Mental Health Network

**CONTACT INFORMATION**

Phone: 905-528-0353 or  
Toll-free 1-866-347-0041  
www.shalemnetwork.org

## Address Change

Lindsay Janssen  
4076 Canborough Road  
Wellandport, ON L0R 2J0

Save the Date!

**DAY OF ENCOURAGEMENT**  
Ancaster, Ontario  
October 17, 2015

## Other

### Dutch Service

Will be held in Ancaster Christian Reformed Church on **July 19, 2015** at 3:00 P.M. **Rev. Peter Breedveld** will be preaching.

### Free Classical Concert!

Come out and enjoy a free concert of classical piano played by local musician and worship leader, Harmony Ponsen. The concert will be held at Fruitland Christian Reformed Church on Sunday, July 19 at 3:00 pm. Some pieces include Bach's Prelude and Fugue in C Major (commonly recognized as 'Ave Maria'), Debussy's La Cathédrale Engloutie (The Sunken Cathedral), Schumann's Papillons, and more! Come on out and savour the sounds of some beautiful music.

### REDEEMER UNIVERSITY COLLEGE

All are invited to play in the 20th Annual Redeemer Alumni & Friends Golf Tournament on Saturday, September 12. Connect with old friends and meet other alumni and friends of Redeemer University College. Proceeds support the Alumni Award Fund, providing student leadership awards. Take advantage of early-bird and young alumni pricing when registering at [redeemer.ca/alumnigolf](http://redeemer.ca/alumnigolf).



### **ROSE CITY KIDS ANNUAL GOLF TOURNAMENT**

WHEN: SATURDAY AUGUST 08

WHERE: SPARROW LAKES (WELLAND)

TIME: 1:00 PM

COST:\$125

LUNCH-18 HOLES-DINNER-PRIZES

PLEASE CONSIDER JOINING US AND SUPPORTING A GREAT CHILDREN'S MINISTRY IN THE HEART OF WELLAND! PLEASE CONTACT GERRY VERMEER @ 905 788 2924 OR NATH ANJEMA @ 905 892 5350 EXT 230

## CRC Announcements

**Integrating Psychotherapy and Spiritual Care:** Theory and Practice - Do you want to grow in your ability to provide effective spiritual care? The Niagara Health System Spiritual Care Education program is hosting a credit course in spiritual care and psychotherapy. The course is open to community faith leaders, laypersons who provide spiritual care, and healthcare professionals. Classes will be held 5 Mondays in October and November. For information, contact Alida at [avandijk@wlu.ca](mailto:avandijk@wlu.ca). To register, contact Dan at [dphilips@wlu.ca](mailto:dphilips@wlu.ca).

**Save the Date!** - Dordt College and Partners Worldwide will be co-hosting a Global Agriculture Summit at Dordt College, Sioux Center, IA on March 3-4, 2016. Come to be connected, encouraged, and equipped in your calling to agriculture through workshops, excellent speakers, and time to build and strengthen your network. Join more than 500 local, regional and global leaders, farmers, policy makers, agribusiness professionals, educators, researchers, students, and others involved in the agricultural industry. For more information, visit [agrisummit.org](http://agrisummit.org).

**LIBERTAS MALE CHOIR - IN CONCERT ANCASTER AND GUELPH:** Wed. Sept. 16, 7:30 pm in Rehoboth United Reformed Church, 77 Glancaster Rd, Ancaster and Thurs. Sept. 17, 7:30 pm, St. George Anglican Church, 99 Woolwich St. Guelph. To order tickets online go to [www.libertasvoices.com](http://www.libertasvoices.com) or contact Tjitske Van Reenen: 905-522-0001 or 905-520-0207. Adult \$20, Youth to 14 \$10, under 10 free.

**JUSTIFICATION BY GRACE AND THE HOPE IT BRINGS:** - As we conclude our study of the early church's "faithful sayings," we reach Titus 3 which helps us ponder justification

by grace, hope for eternal life, and what we need to do as a result of our salvation. Tune in and join us each week: subscribe for free weekly email notifications at [ListenToGroundwork.com](http://ListenToGroundwork.com) or visit [GroundworkOnline.com](http://GroundworkOnline.com) to find a local radio station or listen now.

**LIZ FOR THE WIN - 2:** - Liz continues his adventure in the X-Monsters game. He is determined to confront Glurgamel, the X-Monster's leader. But first he must get away from Chamelia and her mob. Is Morose a friend or foe in this quest? Follow the adventures of Liz and his pals every week: subscribe for free at [getkidscorner.com](http://getkidscorner.com). Be sure to download this special song, "Leap of Faith," at [kidscorner.net](http://kidscorner.net).

**FAMILY FIRE** - is an online community exploring Spirit-led family, marriage, parenting, in-laws, blended families, and intimacy. Find encouraging articles and devotions at [familyfire.com](http://familyfire.com). Subscribe for regular email updates and connect with our Family Fire community on Facebook.

**10 Rules for Fair Fighting** - Let's face it: married couples fight. What matters to God is how they fight. "10 Rules for Fair Fighting," a new e-book from Family Fire, equips you to biblically resolve conflict, and to grow and strengthen your marriage. Download it at [familyfire.com/10rules](http://familyfire.com/10rules).

**Let's Partner Toward Climate Justice** - The CRCNA is launching a campaign to raise awareness and equip the CRC to respond to the United Nations Climate Change Conference in Paris (COP 21) at the end of 2015. To contribute and read more about how the CRCNA will be recruiting 30 congregations to get involved in the process, visit [dojustice.crcna.org](http://dojustice.crcna.org).

**TEACH ENGLISH IN WEST AFRICA** - Join missionaries as they reach out to rural people groups in projects with an emphasis on EFL, literacy, and audio recording, although other types of projects are possible depending on

the volunteer's skills, interests and the needs of the village. Further details can be found at [crwm.org](http://crwm.org) or contact [volunteer@crcna.org](mailto:volunteer@crcna.org)

**POVERTY AND POOR HEALTH** - often go hand in hand. Share your skills and experience at a Christian hospital in Tanzania. Three 6-12 months positions are available for medical volunteers to assist the African Inland Church Hospital in treating patients with quality care. More information on this rewarding opportunity is available at [www.worldrenew.net/gvp](http://www.worldrenew.net/gvp) or [volunteer@crcna.org](mailto:volunteer@crcna.org).

**Request for Proposal:** Typhoon Haiyan Evaluation - World Renew, an agency of the CRCNA, seeks to engage an independent consultant who will evaluate World Renew and DFATD's funded recovery program, Support for Vulnerable Families in the Philippines, which ran from April 1, 2014-June 30, 2015. The purpose of this project was to help restore livelihoods and alleviate the suffering of typhoon-affected families by improving their economic security, psychological health, and physical security. This evaluation will measure the outcomes of these interventions and examine the impact, relevance, and cost-effectiveness of World Renew's recovery program. Please refer to our website at [www.worldrenew.net/careers](http://www.worldrenew.net/careers) or [www.crcna.org/get-involved](http://www.crcna.org/get-involved) for more information. If interested, please submit a letter of interest that includes the stipulations outlined in the Request for Proposal (online), your current CV/resume, as well as a fee structure outlining your costs on or before Monday, July 13, 2015 to World Renew attention: [sshaheen@worldrenew.net](mailto:sshaheen@worldrenew.net).

**JOB OPPORTUNITIES ARE LOCATED ON BULLETIN BOARD BY THE BACK STAIRS**

We're on the web!  
[www.bethanycrc.ca](http://www.bethanycrc.ca)